



Republic of the Philippines
Department of Education
REGION III

BATAAN HIGH SCHOOL FOR THE ARTS



SCHOOL MEMORANDUM

No. 177, s. 2026

SEP 25 2026

To: Deputy Directors
Chief Administrative Officers
School Parent Teacher Association
Student Artists
All School Office Personnel
All Others Concerned

**SINING PAHINGA:
EMPOWERING YOUNG ARTISTS FOR HOLISTIC WELL-BEING**

1. This Office announces the conduct of **SINING PAHINGA: EMPOWERING YOUNG ARTISTS FOR HOLISTIC WELL-BEING** on October 31, at a venue within Orani, Bataan.
2. In support of the Department of Education's commitment to learner well-being, gender responsiveness, and safe learning environments, **Sining Pahinga** is envisioned as a wellness initiative that promotes the holistic development of student artists through seminar-workshops and outdoor experiential activities.
3. The **Sining Pahinga** program aims to:
 - a. Increase learners' awareness of the importance of mental health, emotional wellness, self-care, and holistic well-being in achieving personal and artistic growth;
 - b. Equip participants with practical strategies for managing stress, anxiety, creative burnout, academic pressures, and other challenges through healthy and positive coping mechanisms;
 - c. Promote resilience, self-confidence, mindfulness, and emotional regulation through interactive seminar-workshops and reflective activities;
 - d. Foster a safe, respectful, and inclusive learning environment consistent with the **Safe Spaces Act (RA 11313)** by promoting respect for individual dignity, preventing gender-based harassment, and encouraging responsible behavior among learners; and
 - e. Strengthen gender sensitivity and awareness in accordance with the **Gender and Development (GAD) Program** by promoting equality, inclusivity, respect for diversity, and positive interpersonal relationships.



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4. The activity shall involve **BHSA student artists**, with the participation and assistance of concerned teaching and non-teaching personnel and other authorized program partners/resource persons.
5. The **Student Affairs Division**, in coordination with concerned offices, teaching personnel, and activity facilitators, shall oversee the preparation and implementation of the program.
6. Concerned personnel shall ensure that:
 - a. Participants are properly oriented on the objectives, guidelines, and safety protocols of the activity;
 - b. Appropriate supervision is maintained throughout the activity;
 - c. Learner participation is conducted in a safe, respectful, inclusive, and non-discriminatory environment;
 - d. Concerns involving learner welfare, harassment, bullying, discrimination, or other inappropriate behavior are appropriately documented and referred through established school mechanisms;
 - e. Appropriate first-aid, emergency, and safeguarding measures are in place for outdoor activities; and
 - f. Post-activity feedback and documentation are gathered to assess the effectiveness of the program and identify areas for improvement.
7. The implementation of **Sining Pahinga** shall be monitored by the concerned school personnel through attendance documentation, participant feedback, activity outputs, reflection activities, and other appropriate monitoring and evaluation tools. The results shall be used to determine the program's effectiveness and to inform succeeding learner wellness, GAD, and student development initiatives of the school.
8. Attached to this Memorandum is the official list of participants, including support personnel, and the program matrix.
9. Participation in these activities may entitle eligible personnel to service credits or Compensatory Time Off (CTO), subject to existing DepEd policies and approval by the appropriate authority.
10. This Memorandum shall serve as Travel Authority.
11. Immediate and widen dissemination of this Memorandum is earnestly desired.

RELEASED

25 SEP 2026

MIA ARIANA E. T. CIONGCO, PhD
Director II / School Director

Encl.: As stated
To be indicated in the Perpetual Index
Under the following subjects
PROGRAM GAD. STUDENTS
SAO6 Sept. 17, 2026



**Project Title: SINING PAHINGA:
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Budget Proposed: 221,728.00

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Annex A

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SINING PAHINGA: EMPOWERING YOUNG ARTISTS FOR HOLISTIC WELL-BEING
LIST OF PARTICIPANTS
October 31, 2026

	Name	Designation
1.	Atty. Bryan M. Santos, PhD, CESE	Deputy Director II
2.	Alma R. Garcia	Chief Administrative Officer
3.	Perlie Ann T. Samonte	Supervising Administrative Officer
4.	MargielohG. Alonzo	Project Development Officer III
5.	Jenevei J. Acar	Project Development Officer II
6.	Imelda R. Villanueva	Administrative Officer IV
7.	Timi T. labandilo	Nurse I
8.	France Joy V. Bonagua	Dentist I
9.	Louisa Dawn A. De Guzman	Nutritionist I
10.	Armida V. Gaviola	Librarian II
11.	Jereline M. Olivera	Dormitory Manager II
12.	Joyce Ann V. Sartiga	Dormitory Manager I
13.	Christian C. Mangalindan	Administrative Assistant II
14.	Cristy Caday	Dorm Aide
15.	Lorna Yumol	Dorm Aide



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16.	Jennifer Quintans	Dorm Aide
17.	Haroun Seth M. Kawit	Planning Officer II
18.	Oliver V. Arevalo	Supervising Administrative Officer - Admin
19.	Jomar D. Dela Cruz	AO IV – Admin
20.	Patrisse Shayne M. Arellano	ADAS – II
21.	Drexy Diane R. David	ADAS – PSB
22.	Doc Vincent S. Balilla	Resource Speaker

STUDENT'S LIST

1	Espinoza, Elijah Krich	GRADE 7
2	Orodio, Jellyssa Fae	GRADE 7
3	Lopez, Francheska	GRADE 7
4	Apales, William	GRADE 7
5	Tutol, Fidelia Amarissee	GRADE 7
6	Quitlig, Myles Bella	GRADE 7
7	Tamoro, Henric	GRADE 7
8	Famindalan, Franz Monica	GRADE 7
9	Gatchalian, Lloyd	GRADE 7
10	Fontanilla, Aliyah	GRADE 7
11	Bonifacio, Francis Joachim	GRADE 7
12	Tamoro, Ziandell Artuz	GRADE 7
13	Caguiwa, Luiz Miguel	GRADE 7
14	Puzon, Jamille	GRADE 7
15	De Guzman, Xavier Meek	GRADE 7
16	Sanchez, Urai Ezekiel	GRADE 7
17	Fernandez, Jaedel Colleen	GRADE 7
18	Fadrigalan, Buhawi	GRADE 7
19	Odoemene, Travis	GRADE 7
20	Santos, Wade	GRADE 7
21	Nojadera, Sofia Louise	GRADE 7
22	Rosero, Penelope	GRADE 7
23	Pacheco, Mariah	GRADE 7
24	Benliro, Psymon Gretsch	GRADE 8
25	De Guzman, Emirys Jake	GRADE 8
26	De Guzman, Marco	GRADE 8
27	Fontanilla, Frank	GRADE 8
28	Jornal, Casiane	GRADE 8
29	Lumibao, Leeyhian Alex	GRADE 8
30	Miaco, Sam Alfred	GRADE 8



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31	Villena, Belteshezzar	GRADE 8
32	Villablanca, Cyrus T.	GRADE 8
33	Baciles, Athena Thalia	GRADE 8
34	Dasigan, Marian	GRADE 8
35	Lunca, Katrina Ricnni	GRADE 8
36	Nojadera, Irish Viellie	GRADE 8
37	Paguia, Mathea Angela	GRADE 8
38	Reyes, Samanda Kairi	GRADE 8
39	Samson, Michaela Graciela	GRADE 8
40	Simon, Jaedelle Amanda	GRADE 8
41	Calub, Kaelin Jane	GRADE 8
42	Quinagon, Jhea Angela	GRADE 8
43	Bergado, David Ivan	GRADE 8
44	Lucas, Chris Jericho	GRADE 8
45	Carreon, Zhid Alexzander Tutol	GRADE 8
46	Odoemene, Tatiana Bondoc	GRADE 8
47	Pagaduan, Jewell Teves	GRADE 8
48	Valmadrid, Jessica Baron	GRADE 8
49	Bantugan, Myron Jairus	GRADE 9
50	Capa, Derrych Neil	GRADE 9
51	Dela Cruz, John Paul	GRADE 9
52	Alejo, Mhaycee	GRADE 9
53	Arellano, Aria James	GRADE 9
54	Casilla, Kirsten	GRADE 9
55	Conchas, Samantha	GRADE 9
56	Dela Vega, Jaztlie	GRADE 9
57	Gabriel, Jewel Candiesse	GRADE 9
58	Insigne, Harold	GRADE 9
59	Infante, Johanna	GRADE 9
60	Mora, Princess Schneiral	GRADE 9
61	Morfe, Bienrhian	GRADE 9
62	Nilo, Jenicis Lyrach	GRADE 9
63	Pastelero, Lheana Mae	GRADE 9
64	Punzalan, Zoe Jedd B.	GRADE 9
65	Romero, Jasmine Sofia D.	GRADE 9
66	Santos, Rodnhe Gaile T.	GRADE 9
67	Salta, Leejhon Blacer	GRADE 9
68	Casimo, Traicee Samantha	GRADE 9
69	Alipio, Mye Jerico	GRADE 10
70	Barrometro, France Juno	GRADE 10
71	De Guzman, King Angelo	GRADE 10
72	Fadrigalan, Habagat	GRADE 10
73	Tamoro, John Lienous	GRADE 10
74	Aterado, Andrea	GRADE 10
75	Carreon, Jia	GRADE 10



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76	Cunanan, Juri Kalyx	GRADE 10
77	Herbon, Freycel Ann	GRADE 10
78	Lingad, Danica	GRADE 10
79	Manacmol, Rhian Mary Joy	GRADE 10
80	Menosa, Arrien	GRADE 10
81	Natural, Jhuriz Charms	GRADE 10
82	Pagaduan, Jhena T.	GRADE 10
83	San Juan, Catlin Dominique	GRADE 10
84	Tan, Julia Pavie	GRADE 10
85	Gabriel, Earl John Reyes	GRADE 10
86	Paneda, John Michael	GRADE 11
87	Santos, J-Mark Q.	GRADE 11
88	Busing, Micah Ella Nichole	GRADE 11
89	Calma, Lan Rojan	GRADE 11
90	Del Mundo, Trisha Nicole	GRADE 11
91	Fabon, Genevieve W.	GRADE 11
92	Gonzales, Naomi Rich S.	GRADE 11
93	Ilao, Kyla Jane	GRADE 11
94	Raveno, Christine Joy	GRADE 11
95	Sanchez, Fiona Bianca	GRADE 11
96	Sipe, Angela Kathrine	GRADE 11
97	Dasigan, Ashleyheart Angeles	GRADE 11
98	Manalili, Joella Beatriz	GRADE 12
99	Cunanan, Venedict B.	GRADE 12
100	Ayap, Hannah Angelika L.	GRADE 12
102	Dela Cruz, Cassandra Fae	GRADE 12
102	Villena, Jeuel Faith	GRADE 12