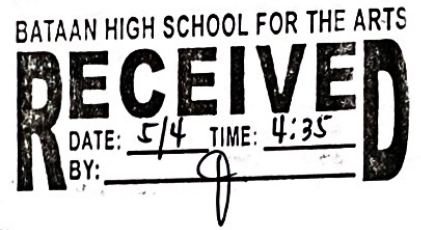




Republic of the Philippines
Department of Education
REGION III

BATAAN HIGH SCHOOL FOR THE ARTS



MAY 04 2026

SCHOOL MEMORANDUM

No. 100, s. 2026

2026 ANNUAL BAPSASULEA CONVENTION: LEADING WITH BALANCE: A MENTAL AND HEALTH WELLNESS TRAINING FOR EDUCATION LEADERS AND ADMINISTRATORS

To: Deputy Directors
Chief, Functional Divisions
All Others Concerned

1. This Office informs all concerned personnel of the conduct of the **2026 Annual BAPSASULEA Convention: "Leading with Balance: A Mental and Health Wellness Training for Education Leaders and Administrators"** on May 11-13, 2026, at Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales.
2. The activity aims to achieve the following objectives:
 - a. To enhance the leadership and management competencies of school administrators through the sharing of best practices, strategies, and emerging trends in education, while promoting mental health and overall well-being.
 - b. To provide a platform for collaboration and dialogue among school leaders on policies, challenges, and innovations that impact school governance and student outcomes, with emphasis on maintaining balance and resilience in leadership.
 - c. To strengthen professional networks and promote unity among educational leaders, fostering a culture of support, wellness, and collaboration for continuous school improvement and institutional excellence.
3. Attached herewith is Division Memorandum No. 187, s. 2026, for reference and guidance.
4. Expenses relative to the conduct of this activity shall be charged against the school MOOE Fund, subject to the usual accounting and auditing rules and regulations.
5. Immediate and wide dissemination of this Memorandum is earnestly desired.

MIA ARIANA P. ENCIONGCO, PhD
Director III
School Director

Encl.: None
Reference: DM 187 s. 2026
To be indicated in the Perpetua Index under the following subjects
CONVENTION TRAINING

OSD06/ May 4, 2026



"Bayan ng Bayani, Bayani ng Sining"

Brgy. Ibaba, Bagac, Bataan

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REGION III

BATAAN HIGH SCHOOL FOR THE ARTS

Annex A

MAY 04 2026

LIST OF PARTICIPANTS

2026 ANNUAL BAPSASULEA CONVENTION: LEADING WITH BALANCE: A MENTAL AND HEALTH WELLNESS TRAINING FOR EDUCATION LEADERS AND ADMINISTRATORS

May 11-13, 2026

Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

No.	Name	Designation	Office
1	Melbourne L. Salonga	ITO I	Office of the School Director
2	Rennor C. Clavel	Info SA II	
3	Haroun Seth M. Kawit	PLO II	
4	Hannah Grace I. Pedrocillo	PLO I	
5	Alma R. Garcia	CAO	Student Affairs Division
6	Perlie Ann R. Torres-Samonte	SAO	
7	Jenevei J. Acar	PDO II	
8	Imelda R. Villanueva	AO IV	
9	Timi T. Labandilo	Nurse I	
10	Louisa Dawn A. De Guzman	Nutritionist I	
11	Armida V. Gaviola	Librarian II	
12	Jereline M. Olivera	Dorm Manager II	
13	Joyce Ann V. Sartiga	Dorm Manager I	
14	Christian C. Mangalindan	ADAS II	Academic Affairs Division
15	Samuel A. Quiroz, EdD	SvEPS	
16	Ma. Glenda F. Dela Fuente	EPS II	
17	Joshua M. Barrometro	ADAS II	Finance Division
18	Bernadette M. Dela Cruz, DPA	CAO	
19	Lyda V. Bantugan	SAO	Administrative Division
20	Alvin P. Hulipas, EdD	CAO	
21	Oliver V. Arevalo	SAO	
22	Romina D. Velasco	AO V	
23	Avegail A. Vicente	AO V	
24	Nieva D. Adelino	AO V	
25	Jomar D. Dela Cruz	AO IV	



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OFFICE OF BATAAN

APR 30 2026

DIVISION MEMORANDUM

No. 187 s. 2026

**LEADING WITH BALANCE: A MENTAL AND HEALTH WELLNESS TRAINING
FOR EDUCATION LEADERS AND ADMINISTRATORS**

- To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Administrative Officers
All Others Concerned
1. The Public Schools Administrative and Supervisory League of Bataan Peninsula Inc. (formerly known as BAPSASULEA) will conduct a three-day management training titled **Leading with Balance: A Mental and Health Wellness Training for Education Leaders and Administrators** with the theme "*Sustaining the Self to Sustain Others*" on May 11-13, 2026, at Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales.
 2. All registered members of the organization, including Public Elementary and Secondary School Heads, Education Program Supervisors, Public Schools District Supervisors, Administrative Officers, and other relevant teaching personnel, are encouraged to attend the activity. Please refer to *Enclosure 1* for the complete list of participants.
 3. A registration fee of Seven Thousand Pesos (P7,000.00) shall be collected from each participant to cover expenses for meals, venue, accommodation and other incidental costs. Expenses shall be chargeable relative to the activity chargeable against School Maintenance and Other Operating Expenses (MOOE) and/ or other local funds subject to the usual accounting and auditing rules and regulations.



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4. Participants are expected to maintain a professional and cohesive atmosphere by wearing appropriate corporate attire throughout the duration of the training.
5. The Technical Working Group (*see Enclosure 2 – List of TWG*) shall serve as the advance party and shall be responsible for venue preparation one day prior to the event.
6. Please refer to Enclosure 3 for the Training Program Design.
7. This Memorandum shall also serve as the Travel Authority of the participants.
8. Immediate and wide dissemination of this memorandum is hereby directed.

CAROLINA S. VIOLETA, EdD, CESO V
Schools Division Superintendent

CI18/rdl
04-26-2026
To be indicated in the Perpetual Index
Under the following subjects:
BAPSASULEA
CONVENTION



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Enclosure 2 - Technical Working Group

**Leading with Balance: A Mental and Health Wellness Training for Education
 Leaders and Administrators**

Theme "*Sustaining the Self to Sustain Others*"

Date: May 11-13, 2026

Venue: Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

Name of Officer/ BOD	School/ Station	Designated Group / Committee
1. Jane D. Robles	Dinalupihan ES	Overall Chairman
2. Ruel D. Lingad	Dinalupihan East	Co-Chairman
3. Roma S. Dumandan, PhD	Sta. Lucia HS	Program/ Registration
4. Aida P. Capili, EdD	Magsaysay	Finance
5. Noel T. Lagman, EdD	AGLES	Finance
6. Leovigildo E. Domingo Jr. EdD	Kanawan ES	Venue/ Accommodation
7. Christian V. Carizal, EdD	Paraiso ES	Awards/ Recognition
8. Alvin A. David, EdD	Culis ES	Venue/ Accommodation
9. Aldwin S. Sabran	Lamao NHS	Venue/ Accommodation
10. Timi T. Labandilo	BHSA	Medical
11. Melbourne L. Salonga	BHSA	Technical Committee Chair
Opening Program	Dinalupihan West District	
Closing Program	Dinalupihan East District	
Tribute to Retirees	Mariveles District	
Recognition of Promotees/ New Members	Pilar District	
Wellness Engagement Activity-TikTok	Orani District	



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Enclosure 3 - Training Program Design

Leading with Balance: A Mental and Health Wellness Training for Education Leaders and Administrators

Dates: May 11–13, 2026

Venue: Mansion Garden Hotel, Subic Bay Freeport Zone, Zambales

DAY 1: Leadership Continuity and Belongingness

Time	Session / Activity	Resource Person/ TWG
12:00 - 1:00 PM	Check-In & Registration	Participants/ BAPSASULEA Secretariat
1:00 – 2:00 PM	Opening Program (Dinalupihan West District)	JANE D. ROBLES, EdD President, BAPSASULEA
	Opening Remarks	
	Inspirational Message	
2:00 – 3:00 PM	Keynote Address	TOLENTINO G. AQUINO, EdD Regional Director
3:00 – 3:15 PM	Health Break	JERRY DIMLA CRUZ, DEM Assistant Schools Division Superintendent
3:15 - 5:00 PM	Session 1: Building a Culture of Care and Excellence in Our Schools	



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Time	Session / Activity	Resource Person/ TWG
<i>DAY 2: Financial, Mental, and Physical Wellness</i>		
8:00 - 8:15 AM	MOL	Pilar District
8:15 – 10:00 AM	Session 2: Mental Health First Aid for School Leaders: Recognizing Red Flags and Responding Appropriately	DR. JOHANNA LINDSAY CAPILI-LOPEZ Medical Officer III Mariveles Mental Wellnes and Gen. Hospital
10:00 – 10:15 AM	Health Break	
10:15 – 12:00 NN	Session 3: Practical Fitness and Lifestyle Strategies for Graceful Aging	Wellness Specialist - Resource Person Mariveles Mental Wellnes and Gen. Hospital
12:00 – 1:00 PM	Lunch Break	
1:00 – 2:15 PM	Session 4: Financial Fitness: Managing Personal Finances for a Stress-Free Life	ALLYSES I ALLERA, CPA, MBA Assistant Professor IV BPSU - Main Campus
2:15 – 2:30 PM	Health Break	
2:30 – 4:00 PM	Session 5: Financial Wellness: Smart Budgeting, Saving, Debt Management, and Investing	JACKIELYN M. CIPRIANO, CPA, MBA Assistant Professor IV BPSU - Main Campus
4:00 - 5:00 PM -Onwards	Wellness in Motion: District TikTok Dance Showcase	CHRISTIAN A. CARIZAL, EdD/ Orani Team



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DAY 3: Legacy, Growth, and Beginnings

Time	Session / Activity	Resource Person/ TWG
8:00 - 8:15 AM	MOL	Bagac District
8:15 – 9:00 AM	BAPSASULEA Strategic Updates & Way Forward	RUEL D. LINGAD, EdD BAPSASULEA, Vice President ROMA S. DUMANDAN, PhD BAPSASULEA, Secretary
9:00 – 10:15 AM	Tribute to Retirees	Mariveles District
10:00 – 10:15 AM	Health Break	
10:15 – 12:00 NN	Recognition of Promotees and New Members	Pilar District
12:00 – 1:00 PM	Lunch Break	
1:00 – 2:00 PM	Commitment Sharing & Evaluation	
2:00 – 3:00 PM	Closing Program	Dinalupihan East District
3:00 – 5:00 PM	Homebound: End of Training	



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