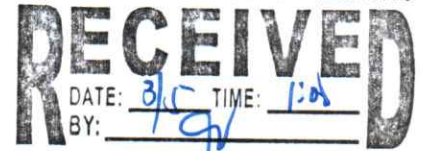




BATAAN HIGH SCHOOL FOR THE ARTS



Republic of the Philippines  
Department of Education

REGION III

BATAAN HIGH SCHOOL FOR THE ARTS

MAR 5 2026

SCHOOL MEMORANDUM

No. 061, s. 2026

To: Chief Administrative Officers  
Chief Education Program Specialist  
Teaching and Non-Teaching Personnel  
BHSA Students  
All Others Concerned

**IMPLEMENTATION OF OFFICIAL BMI ASSESSMENT FORMS FOR BASELINE AND ENDBLINE OF BATAAN HIGH SCHOOL FOR THE ARTS STUDENTS, TEACHING AND NON-TEACHING PERSONNEL**

1. To promote a whole-school approach to health monitoring, this Office informs all concerned that the **Health and Nutrition Assessment Forms** shall serve as the **official tools** for the conduct of **Baseline (June)** and **Endline (March) Body Mass Index (BMI)** assessment of **teaching personnel, non-teaching personnel, and students of Bataan High School for the Arts.**
2. This form was originally created based on SF 8 to monitor the nutritional status of learners, including their Body Mass Index (BMI) and height-for-age results. It helps the school identify students who may need nutrition support and health interventions. The form was later modified to also include teaching and non-teaching personnel. By including all school members, the school can gather baseline and endline data, plan appropriate health programs, and promote overall wellness for both students and staff.
3. These forms shall be used exclusively by the **Health and Nutrition Section** during the scheduled nutrition assessment activities for the purpose of:
  - a. Establishing accurate **baseline and endline BMI data;**
  - b. Monitoring nutritional status of personnel and students; and
  - c. Ensuring uniformity and standard reporting of results.
4. All duly accomplished forms shall be **properly reviewed, validated, and consolidated prior** to submission to **the District Nurse for official compilation and reporting every June and March of each school year.**
5. For concerns and inquiries, please contact Louisa Dawn A. de Guzman, Nutritionist-Dietitian I of Student Affairs Division, [louisadawn.deguzman@deped.gov.ph](mailto:louisadawn.deguzman@deped.gov.ph).
6. Strict compliance with this memorandum is hereby enjoined.

MIA ARIANA P. TANCIONGCO, PhD  
Director III  
School Director

MAR 04 2026

Ecnl: As Stated  
Reference: None

To be indicated in the Perpetual Index  
Under the following subjects:  
ASSESSMENT  
BODY MASS INDEX HEALTH  
NUTRITION





Republic of the Philippines  
 DEPARTMENT OF EDUCATION  
 SCHOOLS DIVISION OFFICE OF BATANGAS  
**BATAAN HIGH SCHOOL FOR THE ARTS**  
*Endline (March) SY 2025 - 2026*

Grade Levels	Enrollment	Pupils Weighed		BODY MASS INDEX (BMI)					
		No.	%	Underweight	Normal	Overweight	Obesity 1	Obesity 2	Obesity 3
Group 1	M	8	100.0%	0	3	5	0	0	0
	F	17	205.9%	0	8	16	5	1	3
	<b>Total</b>	<b>25</b>	<b>172.0%</b>	<b>0</b>	<b>11</b>	<b>21</b>	<b>5</b>	<b>1</b>	<b>3</b>
Group 2	M	8	125.0%	0	2	5	2	1	0
	F	17	29.4%	1	2	0	0	1	0
	<b>Total</b>	<b>25</b>	<b>60.0%</b>	<b>1</b>	<b>4</b>	<b>5</b>	<b>2</b>	<b>2</b>	<b>0</b>
<b>GRAND TOTAL:</b>	M	35	51.4%	0	5	10	2	1	0
	F	80	50.0%	1	10	16	5	2	3
	<b>Total</b>	<b>115</b>	<b>50.4%</b>	<b>1</b>	<b>15</b>	<b>26</b>	<b>7</b>	<b>3</b>	<b>3</b>



Republic of the Philippines  
 DEPARTMENT OF EDUCATION  
 SCHOOLS DIVISION OFFICE OF BATANGAS  
**BATANGAS HIGH SCHOOL FOR THE ARTS**  
*Baseline (August) SY 2024 -2025*

Grade Levels	Enrollment	Pupils Weighed		BODY MASS INDEX (BMI)						HEIGHT-FOR-AGE (HFA)						Pupils Taken Height							
		No.	%	Severely Under		Wasted		Normal		Overweight		Obese		Severely Stunted		Stunted		Tall					
		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%		
Grade 7	M	10	70.0%	0	0.0%	1	14.29%	6	60.0%	0	0.0%	0	0.0%	1	44.29%	4	57.14%	2	28.57%	0	0.0%	7	70.0%
	F	13	23.1%	0	0.0%	0	0.0%	13	81.25%	2	12.50%	0	0.0%	0	0.0%	0	0.0%	13	81.25%	0	0.0%	16	123.08%
	Total	23	100.0%	0	0.0%	1	4.35%	19	82.61%	2	8.70%	0	0.0%	0	0.0%	4	17.39%	15	65.22%	0	0.0%	23	100.0%
Grade 8	M	10	100.0%	2	20.00%	0	0.00%	6	60.00%	1	10.00%	1	10.00%	0	0.00%	2	20.00%	8	80.00%	0	0.00%	10	100.00%
	F	20	75.0%	0	0.00%	0	0.00%	19	95.00%	1	5.00%	0	0.00%	0	0.00%	2	10.00%	19	95.00%	0	0.00%	15	75.00%
	Total	30	83.3%	2	6.67%	0	0.00%	25	83.33%	2	6.67%	1	3.33%	0	0.00%	4	13.33%	27	90.00%	0	0.00%	25	83.33%
Grade 9	M	7	100.0%	0	0.00%	1	14.29%	6	85.71%	0	0.00%	0	0.00%	0	0.00%	2	28.57%	5	71.43%	0	0.00%	7	100.00%
	F	12	100.0%	0	0.00%	0	0.00%	10	83.33%	0	0.00%	2	16.67%	0	0.00%	0	0.00%	10	83.33%	0	0.00%	12	100.00%
	Total	19	100.0%	0	0.00%	1	5.26%	16	84.21%	0	0.00%	2	10.53%	0	0.00%	2	10.53%	15	78.95%	0	0.00%	19	100.00%
Grade 10	M	3	100.0%	0	0.00%	0	0.00%	3	100.00%	0	0.00%	0	0.00%	0	0.00%	0	0.00%	3	100.00%	0	0.00%	3	100.00%
	F	17	100.0%	1	5.88%	1	5.88%	15	88.24%	0	0.00%	0	0.00%	0	0.00%	0	0.00%	15	88.24%	0	0.00%	17	100.00%
	Total	20	100.0%	1	5.00%	1	5.00%	18	90.00%	0	0.00%	0	0.00%	0	0.00%	0	0.00%	18	90.00%	0	0.00%	20	100.00%
Grade 11	M	1	100.0%	0	0.00%	0	0.00%	0	0.00%	0	0.00%	1	100.00%	0	0.00%	0	0.00%	1	100.00%	0	0.00%	1	100.00%
	F	4	100.0%	0	0.00%	0	0.00%	4	100.00%	0	0.00%	0	0.00%	0	0.00%	0	0.00%	4	100.00%	0	0.00%	4	100.00%
	Total	5	100.0%	0	0.00%	0	0.00%	4	80.00%	0	0.00%	1	20.00%	0	0.00%	0	0.00%	5	100.00%	0	0.00%	5	100.00%
Grade 12	M	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!
	F	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!
	Total	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!	0	#N/A!
GRAND TOTAL:	M	31	90.3%	2	7.14%	2	7.14%	21	75.00%	1	3.57%	2	7.14%	1	3.57%	8	28.57%	19	67.86%	0	0.00%	28	90.32%
	F	66	97.0%	1	1.52%	1	1.52%	61	95.31%	3	4.59%	2	3.13%	0	0.00%	0	0.00%	61	95.31%	0	0.00%	64	95.97%
	Total	97	94.8%	3	3.26%	3	3.26%	82	89.13%	4	4.35%	4	4.35%	1	1.09%	8	8.70%	80	86.96%	0	0.00%	92	94.85%