



Republic of the Philippines  
Department of Education

REGION III

BATAAN HIGH SCHOOL FOR THE ARTS

SCHOOL MEMORANDUM

No. 054, s. 2026

FEB 24 2026

CONDUCT OF KATATAGAN MODULE  
BY MARIVELES MENTAL WELLNESS AND GENERAL HOSPITAL

To: Chief, Functional Divisions  
All Others Concerned

1. The Katatagan Module is a specialized psychosocial support and resilience-enhancement program developed by the Mariveles Mental Wellness and General Hospital (MMWGH). The program focuses on promoting mental, emotional, and overall well-being across various sectors. In support of this initiative, the Bataan High School for the Arts (BHSA) shall implement the Katatagan Module Training of Participants scheduled on March 23-24, 2026, to be held at a selected venue within Bagac, Bataan.
2. The conduct of this activity is intended to:
  - a. Strengthen the psychological resilience and emotional awareness of the BHSA young artists through structured, evidence-based mental health interventions;
  - b. Provide participants with practical coping skills and self-care approaches to effectively manage stress, sustain motivation, and maintain well-being in demanding creative and academic settings; and
  - c. Promote a nurturing and mentally responsive school environment that encourages empathy, resilience, and purposeful engagement among all members of the BHSA community.
3. The activity shall be participated by the young artists and facilitated by facilitators and co-facilitators from BHSA and MMWGH.
4. This memorandum shall serve as the Travel Authority of the said participants
5. Enclosed are the Program Matrix and List of Participants, for reference.
6. Immediate and wide dissemination of this Memorandum is earnestly desired.

FEB 09 2026

MIA ARIANA P. TANCIONGCO, PhD  
Director III  
School Director

Encl.: List of Participants and Program Matrix  
Reference: None  
To be indicated in the Perpetua Index under the following subjects

TRAINING      PAKLAUM

OSD01/AD06 January 15, 2026



“Bayan ng Bayani, Bayani ng Sining”

Brgy. Ibaba, Bagac, Bataan

(047) 244-6321 / 0918-965-5281

facebook.com/bhsa2021

bhsa@deped.gov.ph



Republic of the Philippines  
**Department of Education**

REGION III

**BATAAN HIGH SCHOOL FOR THE ARTS**

Annex A – List of Participants

**LIST OF PARTICIPANTS**

**“Katatagan Module by Mariveles Mental Wellness and General Hospital”  
March 23-24, 2026  
Within Bagac, Bataan**

No.	Name of Student	Area of Specialization	Position/ Grade Level
1	Marco B. De Guzman	Theater Arts	7
2	Samanda Kairi	Music	7
3	Michaella Samson	Music	7
4	Irish Viellie Nojadera	Dance	7
5	Cyrus T. Villablanca	Media Arts	7
6	Leeyhian Alex M. Lumibao	Theater Arts	7
7	Casiane G. Jornal	Dance	7
8	Marian A. Dasigan	Theater Arts	7
9	Zylah Lhyn Mari L. Lucas	Theater Arts	7
10	Darlin Lizzie L. Llanes	Dance	7
11	Katrina Rionni Lunca	Music	7
12	Jehoiachin Belteshezzar V. Villena	Media Arts	7
13	Jewell T. Pagaduan	Theater Arts	7
14	Sam Alfred Miaco	Visual Arts	7
15	Psymon Gretsche F. Benliro	Media Arts	7
16	Athena Thalia Baciles	Theater Arts	7
17	Malthea Angela N. Paguia	Creative Writing	7
18	Zhid Alexander T. Carreon	Music	7
19	Frank P Fontanilla	Visual Arts	7
20	Emerys Jake C. De Guzman	Visual Arts	7
21	Tatiana Odoemene	Music	7
22	John Paul Dela Cruz	Music	7
23	Trisha Jane D. Lemon	Theater Arts	7
24	Jaedelle Amanda C. Simon	Dance	7
25	Samantha G. Conchas	Theater Arts	8
26	Traicee Samantha Casimo	Music	8
27	Johanna L. Infante	Visual Arts	8
28	Rhecca H. Molina	Music	8
29	Aria James G. Arellano	Visual Arts	8
30	Jenicis Lyrah Jade N. Nilo	Music	8
31	Kirsten Casilla	Music	8
32	Bienrhian H. Morfe	Music	8
33	Jewel Candiesse R. Gabriel	Dance	8
34	Earl Johnson V. Atienza	Dance	8



Republic of the Philippines  
**Department of Education**

REGION III

**BATAAN HIGH SCHOOL FOR THE ARTS**

35	Harold Ken Insigne	Media Arts	8
36	Lheana Mae A. Pastelero	Theater Arts	8
37	Jaztlie D. Dela Vega	Music	8
38	Al Simon Paul M. Villaruel	Music	8
39	Mhaycee A. Alejo	Music	8
40	Princess Jasmine Sofia D. Romero	Visual Arts	8
41	CJ C. Mejia	Theater Arts	8
42	Princess Schneira E. Mora	Visual Arts	8
43	Rodnhe Gaile T. Santos	Music	8
44	Myron Jairus C. Bantugan	Dance	8
45	Derrych N. Capa	Music	8
46	Bern D. Mendoza	Media Arts	8
47	Leejhon B. Salta	Creative Writing	8
48	King Alex J. Trasina	Visual Arts	8
49	Jhem Irah Olivera	Media Arts	8
50	Zoe Jedd B. Punzalan	Visual Arts	8
51	Julie Ann D. Tamoro	Theater Arts	8
52	Juri A. Cunanan	Creative Writing	8
53	Rhian Mary Joy R. Manacmol	Dance	8
54	Andrea P. Aterado	Music	9
55	Kris Marian R. Salazar	Theater Arts	9
56	Jia D. Carreon	Theater Arts	9
57	Danica D. Lingad	Dance	9
58	Arrien L. Meñosa	Media Arts	9
59	King Angelo V. De Guzman	Music	9
60	Julia Pavie G. Tan	Dance	9
61	Habagat Fadrigalan	Dance	9
62	Jhuriz Charms T. Natural	Theater Arts	9
63	Jhena T. Pagaduan	Visual Arts	9
64	Freycel Ann S. Herbon	Visual Arts	9
65	Caitlin Dominique San Juan	Creative Writing	9
66	Earl John R. Gabriel	Dance	9
67	Mye Jerico G. Alipio	Visual Arts	9
68	France Juno R. Barrometro	Media Arts	9
69	John Lienous A. Tamoro	Media Arts	9
70	Rojhane Mae C. Simon	Theater Arts	9
71	Elisha Trajano	Music	9
72	J-Mark Santos	Media Arts	9
73	John Michael Paneda	Creative Writing	10
74	Fiona Bianca N. Sanchez	Visual Arts	10
75	Lan Rojan P. Calma	Music	10
76	Genevieve Wong Fabon	Visual Arts	10
77	David Lincoln V. Torres	Media Arts	10
78	Micah Ella Nichole A. Busing	Music	10



Republic of the Philippines  
**Department of Education**

REGION III

**BATAAN HIGH SCHOOL FOR THE ARTS**

<b>79</b>	Akeisha Juliane P. Flores	Media Arts	10
<b>80</b>	Naomi Rich S. Gonzales	Dance	10
<b>81</b>	Christine Joy I. Raveno	Media Arts	10
<b>82</b>	Eralie M. Magnifico	Media Arts	10
<b>83</b>	Angela Kathrine Q. Sipe	Music	10
<b>84</b>	Kyla Jane C. Ila	Media Arts	10
<b>85</b>	Abegail B. Añonuevo	Dance	10
<b>86</b>	Amihan C. Fadrigalan	Media Arts	10
<b>87</b>	Ashleyheart A. Dasigan	Visual Arts	10
<b>88</b>	Janiah M. Dela Cruz	Media Arts	10
<b>89</b>	Trisha Nicole E. Delmundo	Theater Arts	10
<b>90</b>	Anelle Jianna C. Vergara	Visual Arts	10
<b>91</b>	Jeuel Faith Villena	Music	10
<b>92</b>	Venedict B. Cunanan	Music	10
<b>93</b>	Hannah Angelika L. Ayap	Visual Arts	11
<b>94</b>	Joella Beatriz Manalili	Music	11
<b>95</b>	Cassandra Fea C. Delacruz	Visual Arts	11



Republic of the Philippines  
**Department of Education**  
REGION III  
**BATAAN HIGH SCHOOL FOR THE ARTS**

Annex A – List of Participants

**“Katatagan Module by Mariveles Mental Wellness and General Hospital”**  
**March 23-24, 2026**  
**Within Bagac, Bataan**

**LIST OF FACILITATORS and CO-FACILITATORS**

	<b>Full Name</b>	<b>Division</b>	<b>Position</b>	<b>Role</b>
1	Alvin P. Hulipas	Administrative Division	CAO	Facilitator
2	Oliver V. Arevalo		SAO	Facilitator
3	Romina D. Velasco		AO V	Facilitator
4	Jomar D. Dela Cruz		AO IV	Facilitator
5	Marisol B. Cunanan		AO III	Facilitator
6	Marilou F. Benliro		AO II	Facilitator
7	Patrisse Shayne M. Arellano		ADAS II	Co-Facilitator
8	Bernadette M. Dela Cruz	Finance Division	CAO	Facilitator
9	Dr. Johanna Lindsay Capili	Mariveles Mental Wellness and General Hospital (MMWGH)	Med Officer III	Facilitator
10	Dr. Irah Camelia Preclaro		Med Officer III	Facilitator
11	Dr. Kristine Apple Gutierrez		Med Officer III	Facilitator
12	Dr. Vince S. Balilla		Med Officer IV	Facilitator

**LIST OF TECHNICAL WORKING GROUP AND PROGRAM MANAGEMENT TEAM**

	<b>Full Name</b>	<b>Division</b>	<b>Position</b>	<b>Role</b>
1	Mia Ariana P. Tanciongco	Office of the School Director	Director III	PMT
2	Jenevei J. Acar	Student Affairs Division	PDO II	PMT
3	Timi T. Labandilo		Nurse I	PMT
4	Jereline M. Olivera		DM II	TWG



Republic of the Philippines  
**Department of Education**  
REGION III  
**BATAAN HIGH SCHOOL FOR THE ARTS**

Annex B – Program Matrix

**PROGRAM MATRIX**

**“Katatagan Module by Mariveles Mental Wellness and General Hospital”**  
**March 23-24, 2026**  
**Within Bagac, Bataan**

**DAY 1 (March 23, 2026)**

<b>Time</b>	<b>Program</b>	<b>In-Charge</b>
8:00 am – 8:30 am	Opening Ceremony	Jenevei J. Acar, PDO II Timi T. Labandilo, Nurse I Jomar D. Dela Cruz, AO IV Oliver V. Arevalo, SAO  Opening Remarks Dr. Vince S. Balilla Medical Specialist IV  Dr. Mia Ariana P. Tanciongco Director III
8:30 am – 10:00 am	<b>Module 1: Pagpapanday ng Kalakasan</b>	MMWGH and BHSA Facilitators
10:00 am – 10:30 am	Break	
10:30 am – 12:00 nn	<b>Module 2: Pangangalaga sa Katawan</b>	MMWGH and BHSA Facilitators
12:00 nn – 1:00 pm	Lunch Break	
1:00 pm – 3:00 pm	<b>Module 3: Kapanatagan ng Damdamin</b>	MMWGH and BHSA Facilitators
3:00 pm – 3:30 pm	Break	
3:30 pm – 5:00 pm	<b>Continuation of Module 3: Kapanatagan ng Damdamin</b>	MMWGH and BHSA Facilitators
5:00 pm – 6:15 pm	Check In and Dinner	
6:15 pm – 7:00 pm	<b>Reflection</b>	MMWGH and BHSA Facilitators Participants



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Annex B – Program Matrix

**PROGRAM MATRIX**

**“Katatagan Module by Mariveles Mental Wellness and General Hospital”**  
**March 23-24, 2026**  
**Within Bagac, Bataan**

**DAY 2 (March 24, 2026)**

<b>Time</b>	<b>Program</b>	<b>In-Charge</b>
8:00 am – 8:30 am	Management of Learning	Jenevei J. Acar, PDO II Timi T. Labandilo, Nurse I Student Affairs Division  Jomar D. Dela Cruz, AO IV Oliver V. Arevalo, SAO Administrative Division
8:30 am – 10:00 am	<b>Module 4: Wastong Paglilibang</b>	MMWGH and BHSA Facilitators
10:00 am – 10:30 am	Break	
10:30 am – 12:00 nn	<b>Module 5: Pagsasaayos ng Kalooban at Kaisipan</b>	MMWGH and BHSA Facilitators
12:00 nn – 1:00 pm	Lunch Break	
1:00 pm – 3:00 pm	<b>Module 6: Epektibong Pakikipag-ugnayan at Komunikasyon</b>	MMWGH and BHSA Facilitators
3:00 pm – 3:30 pm	Break	
3:30 pm – 5:00 pm	<b>Closing Program</b>	MMWGH and BHSA Facilitators